


with each meal

<b>Monday - August 31</b>	<b>Tuesday - September 1</b>	<b>Wednesday - September 2</b>	<b>Thursday - September 3</b>	<b>Friday - September 4</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Cereal bar, yogurt, strawberry cup	Cereal, banana, orange juice	Apple cinnamon scone, Gogurt, peach cup	Bagel with cream cheese filling and a mixed berry cup	Cereal, muffin, pears
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Peanut butter and jelly sandwich, fresh fruit, vegetables, dip and cookie or Chicken Caesar Salad, fresh fruit and cookie	Club sandwich, melon, potato chips, cookie or Chef salad, melon, chips, graham crackers	Sub sandwich, lettuce, cherry tomatoes, sliced apples, dessert or Cottage cheese, lettuce, fresh fruit, fresh veggies and dessert	Turkey sandwich, macaroni salad, fresh vegetable, grapes, cookie or Ham and cheese sandwich, macaroni salad, fresh vegetable, grapes, pudding	Corn dog , potato salad ,baked beans, applesauce , treat or Chicken Caesar salad, mandarin oranges and treat
<b>Monday-September 7</b>	<b>Tuesday -September 8</b>	<b>Wednesday -September 9</b>	<b>Thursday -September 10</b>	<b>Friday -September 11</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
NO SCHOOL----- LABOR DAY	Muffin, Gogurt and fruit	Chocolate chunk oatmeal breakfast bar, hardboiled egg and fruit	Granola, yogurt, berry cup	Apple cinnamon scone, cereal, fruit
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
NO SCHOOL----- LABOR DAY	Lunchable: diced ham, diced chicken, cheese, fruit, veggies, pita chips, , hummus dip and dessert or Grilled chicken sandwich, vegetables, fruit and dessert	Yogurt, trail mix, fruit and veggie, dessert or Peanut butter and jelly sandwich, chips , fruit juice, dessert	House made Pizza <u>Choice of cheese or pepperoni</u>  Mixed green salad, fruit	Lunchable: sliced ham, sliced cheese, mini pita, trail mix, berries, carrot and celery sticks, dip, dessert or Chicken Caesar salad, berries and dessert

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