

# January 2019 Columbia Falls Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School Winter break	2 Hamburger gravy or beef roast sandwich Sides: mashed potatoes, assortment of fruits and dessert	3 Pizza or turkey sandwich Sides: Mixed salad greens cucumbers, assortment of fresh fruits	4 Chicken patty sandwich or club sandwich Sides: Assortment of fruits and vegetables
7 Cheeseburger or beef hot dog  Sides: macaroni salad, baked beans, assortment of fruit and vegetables	8 Taco nachos or chicken fajita  Sides: Shredded lettuce, refried beans, tomatoes, cheese, corn chips and assorted fruits	9 Corn dog or turkey sandwich  Sides: Mixed salad, macaroni salad, baked beans, assortment of fruits	10 Cavatina or Calzone  Sides: Mixed salad, assortment of fruits and vegetables	11 Chicken tenders or tuna sandwich Sides: Assortment of fruits and vegetables
14 sloppy jo or toasted cheese sandwich  Sides: Assortment of fruits and vegetables	15 Chicken noodle soup served with a cheese stick or yogurt  Sides: Assortment of fruits and vegetables	16 Breakfast for lunch or chef salad  Sides: Tri patty, assorted fruits	17 Pizza or Italian wrap  Sides: Assortment of fruits and vegetables	18 Popcorn chicken or fish sticks  Sides: Assortment of fruits and vegetables
21 No School Martin Luther King Day	22 Taco or burrito  Sides: Shredded lettuce, refried beans, tomatoes, cheese, corn chips and assorted fruits	23 Chicken with sweet and sour sauce or roast beef sandwich  Sides: Rice, broccoli, baby carrots and assorted fruits	24 Spaghetti with meat sauce or alfredo sauce  Sides: Assortment of fruits and vegetables	25 Hot ham and cheese sandwich or roast beef sandwich  Sides: French fries, assortment of fruits and vegetables
28 Tomato soup served with a cheese filled bread stick  Sides: Assortment of fruits and vegetables	29 Cheeseburger or turkey club sandwich  Sides: Assortment of fruits and vegetables	30 Turkey gravy or hot beef sandwich  Sides: mashed potatoes, coleslaw, assortment of fruits and dessert	31 Pizza or calzone  Sides: Assortment of fruits and vegetables	

