

APPENDIX A

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SD6 Health Enhancement Curriculum Construction

All School District Six social studies curriculum is in alignment with the Montana Content Standards and Benchmarks for Health Enhancement. Montana standards were developed in alignment with health enhancement standards developed by the HPHER.

The basic seven Montana health enhancement standards are listed for reference below. The complete Montana Health Enhancement Standards document is contained in Appendix B. The alignment charts in Appendix A indicate the specific alignment of the SD6 Health Enhancement curriculum to Montana Content Standards for Health Enhancement. All standards and benchmarks within the MCSs are addressed within the SD6 health enhancement curriculum.

Montana Standards for Health Enhancement

1. Students have a basic knowledge and understanding of concepts that promote comprehensive health.
2. Students demonstrate competency in a variety of movement forms.
3. Students apply movement concepts and principles while learning and developing motor skills.
4. Students achieve and maintain a challenging level of health-related physical fitness.
5. Students demonstrate the ability to use critical thinking and decision making to enhance health.
6. Students demonstrate interpersonal communication skills to enhance health.
7. Students demonstrate health-enhancing behaviors.

SD6 HEALTH ENHANCEMENT CURRICULUM

SD6 to HECS Alignment – 9-12

<u>Standard</u>	<u>Health Enhancement Grade 9</u>	<u>Health Enhancement Grade 10</u>	<u>Recreational Activities</u>	<u>Sports Medicine</u>	<u>Fitness/ Power Lifting</u>
<u>HECS 1</u>					
1.12.1	x	x	x	x	x
1.12.2	x	x	x		x
1.12.3	x	x	x	x	x
1.12.4	x	x	x		x
1.12.5	x	x	x	x	x
<u>HECS 2</u>					
2.12.1	x	x	x		x

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<u>HECS 3</u>					
3.12.1	x	x	x	x	x
3.12.2	x	x	x	x	x
3.12.3	x	x	x	x	x
<u>HECS 4</u>					
4.12.1	x	x	x		x
4.12.2	x	x	x		x
4.12.3	x	x	x		x
4.12.4	x	x	x		x
<u>HECS 5</u>					
5.12.1	x	x	x	x	x
5.12.2	x	x	x	x	x
5.12.3	x	x	x	x	x
5.12.4	x	x	x	x	x
5.12.5	x	x	x	x	x
5.12.6	x	x	x	x	x
<u>HECS 6</u>					
6.12.1	x	x	x	x	
6.12.2	x	x	x	x	
6.12.3	x	x	x	x	
6.12.4	x	x		x	
6.12.5	x	x			
6.12.6	x	x			
<u>HECS 7</u>					
7.12.1	x	x	x		x
7.12.2	x	x	x		x
7.12.3	x	x	x		
7.12.4	x	x	x		x
7.12.5	x	x	x	x	x